



W.O. Mitchell E.S.
“Learning together, together to learn”
Principal: Heather Graham
Vice Principal: Brad Sokalski
Office Administrator: Pauline Billington
Office Assistant: Jane Foster
Chief Custodian: Elio Lisi
Superintendent: Brett Reynolds
Trustee: Christine Boothby
www.sites.google.com/site/womitchellschool/



May 16, 2017



Issue # 9

W.O. MITCHELL IS A NUT AND SCENT RESTRICTED SCHOOL

Principal's Message

Dear Parents,

As part of our School Learning Plan for this school year we have been working on the Zones of Regulation in every classroom. <http://www.zonesofregulation.com> This is a framework to foster self-regulation and emotional control. Please see the attached plan for teaching strategies that was suggested to staff and feel free to discuss the zones at home. We have noticed that children are more aware of their emotions and how to control them in general around the school.

Privacy is a huge concern for everyone, especially parents. Here is an excellent resource for you: <http://www.ocdsb.ca/ab-ocdsb/ss/Safe%20School%20Resources/PrivacyTips%20For%20Parents.%20Privacy%20Commissioner.pdf>

Here is a good resource for parents of teenagers:

Partnering with Your Teen in Mathematics Grades 7 to 12 is a resource for parents, guardians, caregivers and other family members to support the development of their teen's mathematical abilities. The document addresses key aspects of understanding of the adolescent learner, different ways of learning, engaging in conversations with your teen, and supporting mathematical thinking, learning and work habits. For the document, [click here](#).

We have many exciting activities coming up in the final 6 weeks. Please take a look at our dates to note. Womapalooza (formerly Womfest) will take place on June 17, but we can't do it without enough volunteers. This is a great school and community event. Please consider giving some of your time to make this a success and to all other volunteers a chance to spend part of the day with their children. To register as a volunteer please email: Allison Doran & Sarah Kuiack womfest@womschoolcouncil.com

Sincerely,

Heather Graham
Principal



Volunteer Award

We really appreciate all the volunteers who help out at WOM, supporting teachers in the classrooms, helping with lunches, and lending a hand where needed. Each spring, we recognize an outstanding volunteer at WOM. The Pam Amlani Volunteer Award is a tribute to Pam, a dedicated volunteer who contributed time and energy to support students and staff for many years at WOM. If you would like to suggest a volunteer for this year's award, please see the nomination form at <http://womschoolcouncil.com/pam-amlani-volunteer-award/> Thank-you from the School Council.



If you are moving out of our school boundary for the next school year, please give the office a call to let us know this information. This will help when setting up classes for next year. Thank you so much

Do you have any instruments you can donate to Kanata Montessori school?

The Kanata Montessori elementary school recently suffered a fire in their music portable. Although the school has insurance, it will take a long time for instruments to be replaced.

David and Marie Haynes who have children who go to this school are organizing a campaign to help people donate instruments to the school. You can see a list of what is needed and how you can help, here:

<https://davidandmarie.com/kms>

W. O. MITCHELL NEWSLETTER

MAY DATES TO NOTE

Future Building – EY Centre Intermediates	Wed., May 17
Experimental Farm – DD and Gr. 1	Thurs., May 18
Yard Cleanup	Thurs., May 18
Deevy Pines – EF2A & EF2B	Thurs., May 18
PD day – NO SCHOOL	Fri., May 19
A.Y. Jackson SS Visit – Gr. 8's	Tues., May 23
Immunization for Gr. 7's (Hep B) and Gr. 8 girls (HPV)	Tues., May 23
Carleton University – Gr. 7's	Wed., May 24
Rideauwood Presentation to Intermediates	Thurs., May 25
EQA0	May 23 – June 5
Hudson Sargent – Moonies Bay	Wed., May 31
Intermediate Girls Soccer – KRC	Thurs., June 1
University of Ottawa field trip – R78A & R8A	Fri., June 2
Intermediate Boys Soccer – KRC	Fri., June 2
Intermediate Regional Track – Moonies Bay	Thurs., June 8
Board Track – Terry Fox	Thurs., June 15
Aviation Museum – gr. 6's	Thurs., June 15
Bake Sale	Thurs., June 15
Museum of Histroy – EF5 & EF56A	Thurs., June 15
Montreal grade 8 trip	Fri., June 16
Womapalooza	Sat., June 17
Right to Play	Tues., June 20
Grade 8 Leaving Ceremony	Wed., June 28
Last Day of School	Thurs., June 29

